



café • winebar • with a view

Lunch Menu

(GF) Gluten Free option available

From 11am until 3pm

The Cup Soup of the Day \$13.00 (GF)

(Ask your wait person for the Chef's flavour of the day) served with toasted ciabatta

The Cup Seafood Chowder \$15.00 (GF)

Served with toasted ciabatta

B L A T \$18.50 (GF)

Bacon, lettuce, tomato and guacamole on toasted ciabatta with wedges and sour cream

Grilled Open Chicken Sandwich \$19.50 (GF)

Grilled chicken, bacon, lettuce, tomato and aioli on toasted ciabatta with fries

Steak Sandwich \$21.50 (GF)

Medium rare sirloin steak, rocket, caramelised onion, tomato and habanero mustard on toasted ciabatta with fries

Caesar Salad \$18.50 (GF-V)

Cos lettuce, crispy bacon, croutons, anchovies, parmesan and soft poached egg

Add grilled chicken \$4.00 Add smoked salmon \$4.60

Thai Beef Salad \$19.00 (GF)

Medium rare beef, mesclun salad, coriander, mint, cucumber with chilli, lime and garlic dressing

Pasta of the Day \$18.50

(Ask your wait person for the Chef's flavour of the day)

Bowl of Fries \$7.50 (with aioli and tomato sauce)	Garlic Bread \$9.50
Bowl of Wedges \$7.50 (with sour cream and sweet chilli sauce)	Chef's Garden Salad \$8.50

Fantastic venue for functions and group bookings
On and off site catering available
Gift Vouchers available



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Breakfast Menu
Daily until 3pm

(GF) Gluten Free option available
We only use Free Range Eggs

The Cup Big Breakfast \$21.50 (GF)

Streaky bacon, sausages, roast tomato, portobello mushroom, eggs (any style), refried herb potatoes and with your choice of rye, white or gluten free toast

Eggs Benedict \$17.50 (GF)

English muffin, 2 poached eggs and house hollandaise sauce with either:

Classic – With grilled streaky bacon,

Salmon – South Island smoked salmon, and spinach

Vegetarian -Roast tomato, spinach and portobello mushroom

Buttermilk Pancakes OR Cinnamon Spiced French Toast \$17.00 (half portion \$13.00) (GF)

Your choice of streaky bacon, caramelised banana and maple syrup OR
Crème fraiche and mixed berry compote

Smoked Kipper and Salmon Cake \$16.50

Served with spinach, poached egg and house hollandaise sauce

The Cup Classic Lambs Kidneys \$17.00 (GF)

Lambs kidneys, herb mashed potato, creamy bacon and mushroom sauce with toasted ciabatta

Mushrooms on Toast \$17.50 (GF)

Creamy garlic mushrooms, streaky bacon and toasted ciabatta

Scrambled Eggs on Toast \$11.50 (GF)

On rye, white or gluten free toast

Homemade Toasted Muesli \$12.50

Fresh fruit salad, berry compote and natural yoghurt

Toasted Bread or Bagel \$7.50

Your choice of toasted rye, white or gluten free

Home made raspberry jam and butter or pesto and cream cheese

Sides \$4.00

Streaky bacon	Portobello mushrooms	Refried herb potatoes
Breakfast sausages	Creamy garlic mushrooms	Free Range Eggs(any style)
Smoked Salmon	Roast tomatoes	Toasted bread
Baked Beans	Spinach	